

## Experience Integral Post-Retreat Resources from Clint

Hey Everyone,

Words can't even begin to express the exhausted joy and boundless openness which lingers from our beautiful time together last week. Thank you all for showing up in the powerful and compassionate ways which you did.

Below, I have compiled some resources to support you on your paths. As you'd expect from me, most of this has to do with the theory and applied theory side of integral--so be warned :)

I have either offered links or pdfs (included in this zip package).

Most of these resources are available on [www.clintfuhs.com](http://www.clintfuhs.com), where you can also find more information about ways that I might support you and your endeavors through individual coaching. E-mail me at anytime: [clint@clintfuhs.com](mailto:clint@clintfuhs.com). Finally, Core Integral will launch its first course in the coming months. I will keep everyone posted on our status and I look forward to providing you all a discount code for course purchase.

### General Media at Integral Life

- 100 of hours of audio and video. Dozens are free and the rest is subscription based
- Integral Applied Overview: This page offers a great overview of content in various topic areas: <http://integrallife.com/integral-in-the-world>
- Stuff I have created: <http://integrallife.com/contributors/clint-fuhs>
- Free assets might require you to become a free community member. That can be done here: <https://integrallife.com/sign-up>

### Popular Media and E-learnings:

*(most of these can be found in the above to lists. I am just highlighting them here)*

#### Introduction to Integral Theory:

- Five short and basic intros to quadrants, levels, lines, states and types. These are way simpler than the material I presented. Great for if you are completely new to integral or interested in how to speak about or use the most fundamental aspects of the model.
- Intro: <http://integrallife.com/editorial/what-integral-map>
- Quadrants: <http://integrallife.com/learn/quadrants/what-are-quadrants>
- Levels and Lines: <http://integrallife.com/learn/levels-development/what-are-levels-and-lines>
- States: <http://integrallife.com/learn/states-consciousness/what-are-states>
- Types: <http://integrallife.com/learn/types/what-are-types>

### **Integral Politics Series**

- Great set of presentation on American politics featuring a cool analysis of Obama and McCain's acceptance speeches
- Part 1: Theory - <http://integrallife.com/node/15724>
- Part 2: Analysis - <http://integrallife.com/node/15725>
- Part 3: Projection practice - <http://integrallife.com/node/15726>
- All three of these are free.

### **Advanced Presentation on Development**

- This is a more difficult presentation that covers nuances about human development. It also gets into Lectical Assessment System and Skill Theory
- <http://integrallife.com/learn/levels-development/think-you-understand-development-think-again>
- This is a members-only presentation unfortunately.

### **Embodying Passion**

- Accessible presentation on the work of sexual polarity (based on David Deida's work) It feature a few videos of David and an interview with Sofia Diaz.
- <http://integrallife.com/awaken/relationships/embodying-passion>
- Members Only

### **Articles**

*(Below are a few articles i have written. Each of these are in the zip folder. Some are not final drafts so please excuse errors)*

- **State and Structure stages** -- Long overview of each vertical stage in six lines and each major horizontal level in three spiritual traditions. Perfect next step if you want to go beyond the levels document in your reader (Fuhs\_Structure and State Development.pdf)
- **Organizational Theory** -- Intro to org theory from three historical perspectives. also, includes applied integral commentary in each area. (Fuhs\_Toward An Integral Approach to Org Theory.pdf)
- **Perspective-Taking** -- Really technical paper dealing with the structure of perspective taking. (Fuhs\_Perspective-taking-Appendix.pdf)
- **More Accessible Perspective-Taking** -- I mentioned this paper during my presentation. It investigates the primordial nature of perspective taking, its structure and complexity, data, feedback and accuracy. A draft is almost complete and will be posted in the writing

section on Clintfuhs.com

- **Quadrant Analysis of Top leadership books** -- results and discussion from an interesting analysis project that attempted to gauge the quadrant focus of leadership books (Fuhs\_Leadership\_Final.pdf)
- **Integral Epistemology** - traces history of epistemological philosophy and offer a great intro to Ken's advanced new work (Fuhs\_Towards an Integral Epistemology.pdf)

### **Miscellaneous:**

*(Other resources that were either mentioned or should have been mentioned last week)*

- **Developmental Testing Service:**
  - Company behind the creation of the Lectical Assessment System
  - Most pioneering and research validated individual development assessment.
  - <http://www.devtestservice.com/>
  - Also great articles: <http://www.devtestservice.com/about/articles.html> (click to download)
- **Sentence Completion Test**
  - <http://www.cook-greuter.com/>
  - Another great developmental assessment. The one that Pacific Integral uses. This is the company Jesse works for and mentioned
- **Leadership Circle**
  - Multi modal/discipline assessment for leaders and orgs.
  - <http://www.theleadershipcircle.com/>
- **Values Mentors**
  - Really great values assessment for individuals and groups. Online test. Not that expensive and offers great coaching debrief
  - <http://www.valuementors.com/intro.html>
- **Fielding University**
  - 3 course, online integral masters certificate program
  - <http://www.fielding.edu/programs/hod/isC>
- **John F. Kennedy University**
  - Online masters certificate and full 3 year Master degree program
  - [http://www.jfku.edu/programs/programs/integral\\_theory\\_ma/](http://www.jfku.edu/programs/programs/integral_theory_ma/)